

# JANUARY 2021

## - Programs & Upcoming Events -

### NOW TAKING REGISTRATIONS FOR THE FOLLOWING...

#### FUN & FIT TUMBLING

January 4th Mondays @ 10:15am  
Ages 2 - 4 \$25/Participant

#### TOTAL BODY HIIT - PM

January 4th Mon/Thurs  
Beginner HIIT 6:15pm  
Advanced HIIT 7:30pm  
\$25 - \$30/Participant

#### BUNS & ABS

January 4th Mon/Thurs  
7:00pm \$20/Participant

#### TOTAL BODY HIIT - AM

January 5th Tues/Thurs  
5:15-5:45am \$20/Participant

#### BEGINNING YOGA

January 5th Tuesdays  
5:00pm OR 6:00pm \$25/Participant

#### TINY TOT BASKETBALL

Jan 18 - Feb 8 (Mondays)  
6:00pm OR 6:30pm  
4 Yr Olds - K \$25/Participant  
Parent Participation is REQUIRED!!

#### CHEERLEADING

Jan 19 - Feb 23 (Tuesdays)  
4-6 Yr Olds @ 6:00pm  
7-9 Yr Olds @ 6:50pm  
\$30/Member \$35/NonMember

### YOUTH SPRING SOCCER

Registration Begins January 18th

March 20th - May 1st (Season)

\$40/Child (Includes Game Shirt)

Registration Deadline: Feb 19th

## RECURRING PROGRAMS

### TAEKWONDO

Every Tues/Thurs Class Times Vary  
Ages 6 - Adult \$40/Participant/Month

### STEPS CLASS

Begins January 20th (Mon & Wed)  
9:00-10:00am

Free/Members \$10/Non-Member

### PRESCHOOL ADVENTURE CLUB

Every Wednesday 10:00 - 10:45 am  
Ages 3 - 5 \$15/Participant/Month

## COMING IN FEBRUARY

Baseball/Softball/Tball Registrations (Feb 1st)

Parent Night Out (Feb 13th)

SOS DAYS (Feb 15th, 25th & 26th)

Pickleball Tournament (Feb 20th)

Mother Son Nerf Warz (Feb 27th)

Polar Plunge (Feb 27th)